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# How to Make the Perfect Grilled Cheese

Cheese expert Laura Werlin weighs in on how to make the perfect ooey-gooey grilled cheese



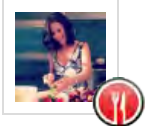
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Can you ever get enough of the oozy, gooey goodness of a grilled cheese?

Keywords Laura Werlin, Grilled Cheese, Asparagus Recipes

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By Anne Dolce, Editor



Aug 30, 2012 @ 5:32 PM

A **grilled** cheese: the perfect combination of crunch, butter, and melted goodness. People just can't get enough. Grilled cheeses are the perfect example of why we love cooking; without heat and technique, you'd never be able to obtain the sandwich's crispy crust or oozing center. It's a science, and it's one of cooking's greatest accomplishments. Whether you enjoy a Kraft Singles stacker version alongside a bowl of tomato soup or prefer an elegant restaurant creation of crusty sourdough bread with goat cheese and pecorino, you have to appreciate the culinary beauty of a grilled cheese and the impact it makes on our taste buds.

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Credit: Laura Werlin

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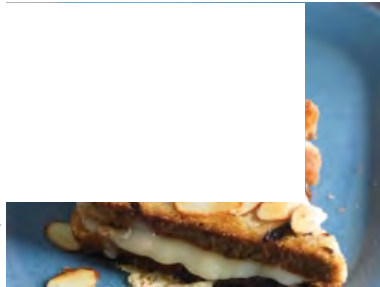
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Because a grilled cheese is such a perfect creation, it's important to get it right. Forever searching for excellence, The Daily [Meal](#) sought out Laura Werlin, cheese expert and author of *Grilled Cheese, Please!*, to get the facts about how to make the perfect grilled cheese. Werlin's book is loaded with pieces of advice for how to make the perfect grilled cheese, and each recipe is carefully thought out and planned, demonstrating to us that to her, making a grilled cheese is no joke. Along with her pieces of cheesy wisdom, Werlin includes excerpts for each recipe, explaining the inspiration for each, right down to the farm where she originally discovered the featured cheese. It's a mouthwatering and entertaining read, not to mention informative.

We wanted to know the basics of how to make the best grilled cheese we've ever had. There's plenty of choices to make – thick bread or thin, gooey cheese or nutty, [toaster](#) or griddle? Werlin broke it down for us, from the technique to use and the way to butter the bread to the perfect ratio of bread and cheese. She even shared a few recipes with us. With Werlin's expertise and a few recipes of our own for inspiration, we're certain that you'll be able to succeed in making an absolutely perfect grilled cheese.



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